



Brighter, Behavior, Choices Inc., NFP

Success Story

Hello, my name is Patricia Lathan. I became involved with drugs with my ex-husband who I met when I was 21 years old. His whole family was involved with drugs and I used to “fit in”. Once I started, I couldn’t stop. Over the years I had a daughter who was born with Fetal Alcohol Syndrome and was drug exposed. I tried to stop then, going to several treatment centers because my family wanted me to, but I didn’t want to go. My lowest point came in 2012 when my son was murdered. I began to use non-stop daily, I stopped taking care of my children, talking to my family; I felt I wanted to die. I went into isolation for three years. One day my children came to me and said they needed me, they needed to understand the death of their brother. After that, I went to treat in 2018, and in September of that year I went to BBC from treatment.

I came in broken, I didn’t feel like I had a future. I couldn’t go back home and was resistant at first, but the more time I spent there, I realized I wanted to live for myself and my children. I learned basics like cooking, making my bed, and doing laundry. I decided I wanted to become a Recovery Coach, so I went to Governor’s State for training. I found joy at BBC and the God I hated because I thought he took my son from me.

I reached my goal and am employed as a Recovery Coach, having completed my internship at BBC. I got married and am currently going to school for my CADC. I am living my future and want to open up my own recovery home, I have so much to give and I am passionate about what I do.

Patricia Lathan